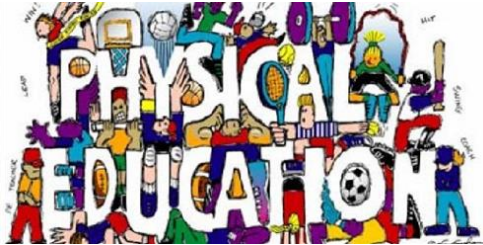




English Martyrs Catholic Voluntary Academy

We grow and learn, with the gifts we have been given, following in the footsteps of Jesus.

PE Progression Map



Intent : Following the national curriculum for music our intent is that all our children :-

- Being confident in a range of sports, physical activity and in decisions they make.
- Know how to live a healthy lifestyle and understand the importance of this physically and mentally.
- Be confident and competent in a range of skills and movements.
- Understand how to work alone and as part of a team.
- Show confidence and foster a love for sport and physical activity.
- Develop their character and values through sport.
- Be able to communicate effectively with other and develop effective teamwork skills.

Each unit of work is planned using the national curriculum as a starting point and then a variety of schemes such as the Cambridge scheme to support teaching and learning. Our PE curriculum is enriched with competitive and development opportunities by the Rutland School Sports Partnership which shapes our clubs and competition calendar.

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Advent 1	Health related fitness	Fundamentals	Forest School	Swimming	Badminton	Tennis	Basketball
		Health related fitness	Health related fitness	Health related fitness	Health related fitness	Health related fitness	Health related fitness
Inter school competitions				x-country Football			
Clubs				Football club – Y3-6			
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Advent 2	Fundamentals	Gymnastics	Fundamentals	Swimming	Gymnastics	Dance	Forest School
		Hockey	Gymnastics	Football	Football	Football	Football
Inter school competitions				Football Sportshall Athletics Y5/6 Basketball Y5/6 Badminton Y3/4			



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Clubs		Gymnastics Y1 and 2		Gymnastics Y3-6			
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Lent 1	Fundamentals	Swimming	Attacking and defending	Netball	Forest school	Swimming	Gymnastics
		Gymnastics	Gymnastics	Gymnastics	Dodgeball	Hockey	Badminton
Inter school competitions		Gymnastics		Y3-6 Boccia Swimming Gala Gymnastics			
Clubs		Gymnastics	Spotlight dance Y2 Gymnastics	Spotlight dance Y2-6 Gymnastics			
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Lent 2	Gymnastics	Swimming	Dance	Forest school	Basketball	Swimming	Dodgeball
	Dance	Dance	Bat and ball	Hockey	Tag rugby	Netball	Tag rugby
Inter school competitions				Dodgeball Tag Rugby Spotlight Dance			
Clubs			Spotlight dance Y2	Netball Y4-6 Hockey Y4-6 Spotlight dance Y2-6			
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Pentecost 1	Swimming	Cricket	OAA	Dance	OAA	Forest school	Dance
	Dance	Bat and Ball	Invasion games	Cricket	Cricket	Cricket	Cricket
Inter school competitions				Netball Hockey Go ride cycling			
Clubs				Netball Y4-6 Hockey Y4-6			
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6



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Pentecost 2	Swimming	Forest school	Cricket	Tennis	Dance	Gymnastics	OAA
	Gymnastics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
Inter school competitions		Multiskills	Orienteering Y6 Athletics Y3-6 Quadkids Y5-6 Rounders Cricket				
Clubs	Fundamentals and athletics EYFS-Y2			Athletics Y3-6			