



Personal Development
RSE, PSHE and Safeguarding Curriculum



Safety (including online)
Community links
Other Faiths
British Values
Protected Characteristics

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Whole School Themes	British Values Assembly World mental health day 10 th October / assembly and classroom activities Harvest – CAFOD fundraising and collection of items for local foodbank / foodbank speaker	13 /11 National kindness day / link to virtues 11 th to 15 th November anti bullying week Assembly and classroom activities Poppy Appeal 17 /11 Children in Need fundraising Menphys Carol Concert Assembly – healthy lunchboxes led by year 3 STEM week Fire service visit 30 / 11 St Andrews Day Alicia Kearns (MP)	6 / 2 Safer internet day and activities Healthy Me - physical and mental health awareness day Aspirations day Children’s Mental Health Week St Thomas Aquinas Feast Day British Values Assembly 5 th – 11 th Feb Children’s Mental Health Week 10 / 2 Chinese New Year 30 / 1 – 6 / 2 National storytelling week	Assembly- Police Visit Lenten Fundraising 7 / 3 World Book Day 18 th – 24 th March Shakespeare week	Assembly: British Values revisited	Sports Day Transition days
Social Development to include mental health and wellbeing opportunities.	House Families Celebration Assembly Agents for change School Roles and Responsibilities	House Families Celebration Assembly School Roles and Responsibilities Menphys KS2	House Families Celebration Assembly School Roles and Responsibilities Young Voices KS2 5 th – 11 th Feb Children’s Mental Health Week	House Families Celebration Assembly School Roles and Responsibilities	House Families Celebration Assembly School Roles and Responsibilities	House Families Celebration Assembly School Roles and Responsibilities

Physical Development	Y5/6 Sports leaders – get active passports Cross country event – years 3 – 6 Football – Years 3 - 6 Table tennis – Year 6 Orienteering – whole school Year 3 – swimming Year 4 – forest school	Y5/6 Sports Leaders – sports hall athletics events Football – Years 3 – 6 Swimming gala – Years 4 – 6 Gymnastics development festival – years 1 – 6 Sportshall athletics years 5 and 6 Physical literacy – EYFS / Year 1 Year 3 – swimming Year 6 – forest school	Y5/6 Sports Leaders Boccia Gymnastics – Years 1 – 6 Basketball – Years 5 and 6 Cross country league Year 2- forest school	Y5/6 Sports Leaders Spotlight KS1 and 2 New Age Kurling KS2 Dodgeball – Years 3 - 6	Y5/6 Sport Leaders Netball – KS2 Hockey – KS2 Go ride – KS2	Y5/6 Sports Leaders Sports Day – whole school Athletics – KS2 Multi skills – KS1 Rounders – KS2 Quad kids athletics – KS2 Cricket -KS2 Orienteering – KS2 Sports Awards evening
Moral Development	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections Harvest fundraising for CAFOD and local foodbank	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections National Youth Fun day NDCYS Advent fundraising	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections Anti-bullying Assembly Fairtrade week Lent fundraising	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections Lent Fundraising	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections	RE Curriculum RSHE curriculum Behaviour curriculum Virtue curriculum and reflections Year 6 legacy project
Spiritual Development to include multi faith opportunities	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy Team Welcome Mass Harvest Liturgy	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy Team Rev Rush Assembly Travelling crib All saints day mass Advent Mass Nativities Confessions for all KS2 children	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy Team Epiphany Liturgy Ash Wednesday Liturgy St Thomas Aquinas Feast Day Mass Mass at St Josephs on a rota.	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy Team Easter Mass Easter play year3/4 Mass at St Josephs on a rota. Confessions for all KS2 children	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy team May procession Mass at St Josephs on a rota.	Daily Prayer and Prayer garden Weekly Gospel assemblies Weekly child led liturgies Weekly virtue reflections / hymn practice Weekly house Missions Chaplaincy Team Leavers Mass Mass at St Josephs on a rota.

		Mass at St Josephs on a rota Judaism week				
Cultural Development to include whole school music, art and drama opportunities as well as individual year group trips out / visitors in.	<p>Musician of the month</p> <p>Year 6 warning zone – personal safety</p> <p>Year 5 – Space centre visit</p> <p>Year4 – Greek day in school</p> <p>Forest Schools</p> <p>Year 3 – Museum visit / stone age</p> <p>Foodbank speaker for whole school</p> <p>Y6 Carol singing for VAR at Lands End</p>	<p>Musician of the month</p> <p>Menphys – KS2 children</p> <p>Y4- European bread project – shop visits (Oakham) and School cook.</p>	<p>Musician of the month</p> <p>Young voices – KS2 children</p> <p>30 / 1 – 6 /2 National storytelling week</p> <p>Y4- Trip to Oakham Museum (Romans)</p> <p>Music (Maggie)</p>	<p>Musician of the month</p> <p>Y4/Y3 Easter play</p>	<p>Musician of the month</p> <p>Whole school music evening</p> <p>Take one picture / whole school art project</p>	<p>Musician of the month</p>
School Parliament	<p>Charter for school parliament thinking about British values and our school virtues</p> <p>What makes a happy / safe lunchtime ?</p> <p>Decisions on lunchtime activities considering activities suitable for different age groups and listening to pupil voice for suggestions and ideas considering safety of all children across the school.</p>	<p>Catholic social teaching / what does this mean?</p> <p>How can the school parliament involve all children in ways to demonstrate this linking closely with mini chaplains, Eco leaders and school chaplain.</p>	<p>Development of OPAL as a whole school project across school.</p> <p>School parliament to gather ideas from children on current activities within OPAL and future ideas.</p> <p>Action plan for live simply award completed.</p>	<p>Continue to develop OPAL project across school.</p> <p>Initiate and support Lenten activities with whole school eg creating vegetable soup as part of Lenten fast day, organizing the CAFOD Lenten walk.</p>		
British Values whole school themes	<p>Introduction to British Values</p> <p>Democracy</p> <p>Y6 – Remembrance and respect</p> <p>WW1 – also a link to democracy and protecting Liberty and freedom.</p> <p>Y4- Ancient Greece introduction to Democracy</p>	<p>Mutual respect</p> <p>Y6 RSHE – respect for yourself and others.</p> <p>Y4- Respect for yourself and others – Geography</p> <p>Europe Topic</p> <p>Judaism week</p> <p>Y2- RSHE- I am unique (respect for our differences)</p>	Diversity	Rule of Law	Individual Liberty	Tolerance

EM virtues	Respect Love of Learning Confidence	Resilience Kindness Courage Faith	Courage Faith Love of learning Confidence Respect	Love Patience Kindness Love Resilience Courage		
Ordo Themes	Beginnings Welcome Encounter Outreach Dialogue Listen Rosary	Holiness Change Remembrance Youth Kingdom Hope Peace Joy	Family Epiphany Discipleship Scripture Leadership Diversity	Prayer Fasting Almsgiving Sacrifice Journey Passion	Missionary Discipleship Faith Vocation Witness Example	Pentecost Piety Knowledge Understanding Wisdom
Catholic Social Teaching	Link to harvest fundraising and liturgy / reconnecting children with the 9 areas and making links between these and prayer. Year 5 children – fundraising for Red Cross Year 4 children – fundraising for cancer research. Y6 Carol Singing for the elderly and vulnerable.	School parliament to lead on this. Mini chaplains to plan whole school fundraising across the year in conjunction with school parliament. Advent fundraising and activities to support local parish as well as the crisis in Israel / Palestine. Shelter/Homeless- Santa fun run. Remembrance liturgy and fundraising for the Red cross through the selling of poppies etc by year 6 children. Y4-/6 Dsouza family fundraising for Family friend.	School parliament and mini chaplains to lead on the live simply award across whole school deciding on actions in the 3 areas of living simply, living in solidarity and living sustainably. Children from year 3 and 4 attended weekly Mass at St Josephs and then spoke to members of the parish about their learning. OPAL project linked to virtues across whole school as lunchtime provision.	Whole school Lenten pledge to include an act of living more simply, prayer through the Lord's prayer and linking the St Francis of Assisi version and fund raising for CAFOD. Support for the Lenten fast day on Friday 23 rd February and CAFOD walk on Thursday 21 st March.		
Parental Engagement	Consultation on new RSE Curriculum Parent / parish Coffee morning	Parent Forum Phonics evening EYFS / KS1 FEM AGM	Parent Forum Parent / parish coffee morning	Parent Forum Parent / parish coffee morning	Parent Forum Pupil passport meetings / SEND reviews	Parent Forum Transition Meetings – meet new teachers

	Pupil passport meetings / SEND reviews Harvest liturgy Welcome Mass Weekly celebration assemblies Open mornings	Parents evenings Parent / parish coffee morning EYFS / KS1 nativity Trust travelling Nativity Menphys Weekly celebration assemblies STEM evening Pupil passport meetings / SEND reviews Y4 Liturgy (gifts)	Weekly celebration assemblies Pupil passport meetings / SEND reviews	Pupil passport meetings / SEND reviews Parents evenings Years 5 and 6 Weekly celebration assemblies	Parents evenings EYFS – Year 4 Weekly celebration assemblies	Pupil passport meetings / SEND reviews Weekly celebration assemblies
Clubs Offered	Menphys Choir Football Gymnastics Creative club Young voices Basketball Sewing club Coding club – KS2		Spotlight dance Art club Netball Hockey		Athletics	
Pupil leaders	School parliament – lunchtime clubs Eco leaders – action plan for the year Mini Chaplains – action plan for the year Librarians – timetable for library and activities Sports leaders – get active passport with years 5 and 6 Head boy and girl – open mornings.	School parliament – CST awareness Mini Chaplains – CST awareness Sports leaders – sportshall athletics activities Librarians – timetable for library and activities Eco leaders	Librarians – timetable for library and activities School parliament - CST through the live simply award and development of OPAL across lunchtimes. Mini Mind leaders – Children’s mental health week. Digital leaders – led internet safety assembly. Eco leaders – led an awareness assembly focused on saving energy.	Librarians – timetable for library and activities School parliament - CST through the live simply award and development of OPAL across lunchtimes. Lenten fundraising. Sports leaders – promotion of girls football.	Librarians – timetable for library and activities	Librarians – timetable for library and activities



RSE and PSHE and Safeguarding Curriculum
EYFS





	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
RE	Baseline Assessment Myself Welcome Baptism Birthdays	Judaism	Celebrating Gathering Judaism Growing Good News		Friends Our World Hinduism - how we celebrate (pinata, Chinese New Year, New Year's Eve etc) – make party / celebration invite. The story of Rama and Sita and the celebration of Diwali – dolls to act out the story / decorate Rangoli patterns (represent happiness at this time)	

RSHE	<p>Settling into school Routines Behaviour curriculum age appropriate</p> <p>Story Sessions : Handmade with love 5 story sessions based on the story of the Creation.</p>	<p>I am Me Uniqueness, gifts, talents and skills</p> <p>Heads. Shoulders, Knees and Toes Our bodies are good Names of body parts (not genitalia) Private parts are private</p> <p>Ready Teddy? Our bodies are good and we have to look after them. Healthy Lifestyles; sleep, exercise, diet</p>	<p>I Like, You Like, We All Like Likes and Dislikes Relate to and trust others</p> <p>All the feelings How to manage feelings</p> <p>Let's Get Real Language for feelings Choices and impact Sorry and forgiveness</p> <p>Growing Up That there are natural life stages from birth to death, and what these are</p> <p>New people, new places Change is a part of growing up Their experiences of change will help their transition to Year 1 God is with them every step of the way as they grow and change</p> <p>Classroom Shorts</p>	<p>Role Model Part of God's family Caring as Jesus did Showing God's love</p> <p>Who's Who? Special people-parents/carers Nuclear/wider family Telling trusted people about worries</p> <p>You've Got a Friend in Me Behaviour affects others Positive and negative relationships Bullying</p> <p>Forever Friends Recognise when we've been unkind Forgiveness</p> <p>What is the internet That the internet connects us to others That the internet helps us in lots of ways Only Jesus can help us with everything</p> <p>Playing Online Children will learn: About safe and unsafe situations online. That they can ask for help from their special people.</p>	<p>Safe Inside and Out Safe and unsafe situations indoors and outdoors Asking special people for help</p> <p>My Body, My Rules Body privacy Being open with special people Different people we can trust for help in our community</p> <p>Feeling Poorly Medicines and who can give them Look after your body</p> <p>People Who Help Us Jobs that help us Paramedics First Aid</p>	<p>God is love Being Called Loving God, Loving Others Live in Community Me, You, Us Communities we belong to Help at home Duty of care What harms/improves our world</p> <p>When I grow up and classroom shorts Children will learn: About some different types of jobs That having a job can help us to look after each other and the world That God has given us all strengths, gifts and talents to do His work About strengths and interests needed to do different jobs</p> <p>Money doesn't grow on trees Children will learn: That money helps us buy things. That wants and needs are different. That God's love and the love we share with others is freely given and our most important need.</p>
Texts	<p>The Colour Monster I just do things differently The Big Book of Families Cave Baby The every baby book Lift the flap questions and answers about racism. My big fantastic family</p>	<p>The Colour Monster. Who Has What? See Inside Your Body Why Do I Wash My Hands? Now wash your hands I will not ever not eat a tomato</p>	<p>Josie's Lost Tooth I Want My Tooth I'm Falling to Bits Why Should I Brush My Teeth Who are you? (inclusivity) We feel happy</p>	<p>Bedtime Little Mouse (mindfulness link) The Spots and the Dots (inclusivity/difference) Will you be my friend? The friendship bench Pipsqueak Meesha makes friends.</p>	<p>Emergency Mouse The fears you fear Can bears ski (exploring deafness) Jeremy worried about the wind Staying Safe Online</p>	<p>You Can Swim, Jim Small's big dream How to say hello You can Luna Loves Dance The Trouble with earth. What will I be? Sometimes (going to hospital)</p>

			Ruby's Worry Perfectly Norman Ravi's Roar The Little Thing The fears you fear	I'm sticking with you Sharing a Shell The screen thief	Keep yourself safe: being safe with people	The Hospital Dog Looking after our planet Future Doctor
Behaviour curriculum	Taking care of one another and our things	Always trying our best	Manners – Meet and Greet	Respect for school property	Respect for others/Respect for God	Respect for ourselves.
ICT	IT- Accessing technologies Control- Human Programming		Connecting with people E-Safety and research- Browsing for pictures		Information Technology- Bee Bots Digital Media	
Safeguarding Focus	Keeping clean- handwashing Safe use of classroom resources Trusted adults – feeling safe Naming different kinds of feelings – daily check ins Paramedic visit	Bonfire Night- fire safety Halloween- safety Anti-bullying Week Trustworthy adults- who to talk to if you have a problem	Internet Safety Being safe with pets Oral Health Nurse Visit	Keeping safe in the outdoors	Stranger Danger Keeping safe in town	Water safety Sun Safety
British values covered in the curriculum	Mutual respect We are all unique. We respect differences between different people and their beliefs in our community, in this country and all around the world. All cultures are learned , respected, and celebrated.	Mutual Tolerance Everyone is valued, all cultures are celebrated and we all share and respect the opinions of others. Mutual tolerance of those with different faiths and beliefs and for those without faith. Done through celebrations	Rule of law We all know that we have rules at school that we must follow. We know who to talk to if we do not feel safe. We know right from wrong. We recognise that we are accountable for our actions. We must work together as a team when it is necessary. Class rules	Individual liberty We all have the right to have our own views. We are all respected as individuals. We feel safe to have a go at new activities. We understand and celebrate the fact that everyone is different.	Democracy We all have the right to be listened to. We respect everyone and we value their different ideas and opinions. We have the opportunity to play with who we want to play with. We listen with intrigue and value and respect the opinions of others	Recap all British Values Fundamental British Values underpin what it is to be a citizen in a modern and diverse Great Britain valuing our community and celebrating diversity of the UK. Fundamental British Values are not exclusive to being British and are shared by other democratic countries
Protected characteristics taught through the curriculum	Age – All about me topic/Visits from Grandparents/ Looking at growth and growing up. History – what was life like for our grandparents. Disability – All about me topic – Looking at similarities and differences.	Religion and Belief – Judaism week/ Diwali/ Chinese New Year	Race – Through stories – So Much, Look Up. Multi cultural dolls in the role play. Behaviour policy – treating everyone with respect.	Pregnancy and Maternity – Growing topic – Life cycles.	Pregnancy and Maternity - Human body – senses, growing and changing, the different stages of growth.	Age – Growing and changing, progression and transition into Year 1.



	Marriage/Civil Partnership – All about Me topic – Families – different types of families.					
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 RSE and PSHE and Safeguarding Curriculum 						
Year 1/2						
	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
RE	Good News Friends Our World		Books Thanksgiving Opportunities		Spread the Word Rules Treasures	
	Judaism				Hinduism Year 1 – Stories of Ganesha – pictures / recognise symbols The birth of Krishna – create masks of characters and act out. Year 2 – Learn about shrines to Hindu Gods in people’s homes and think about where we go t home to pray to our God – what might they have and why ? What do we have and why ? Learn about a type of prayer called Puja and other daily duties of Hindus (eg vegetarianism)	
RSHE	Let the Children Come – story sessions Created individually by God	I am Unique We have unique gifts Our bodies are good	Feelings, Likes and Dislikes Natural to relate to and trust one another.	God Loves You Part of God’s family Saying sorry can mend friendships	Good and Bad Secrets How to resist pressure when feeling unsafe Physical Contact	Three in One God is love: Father, Son, Holy Spirit Called to love and be loved

	<p>Prayer God created us to know, to love and to serve We are created as a unity of mind, body, spirit.</p> <p>School rules refresher as part of the behaviour curriculum.</p>	<p>Names of body parts, including scientific names for genitalia Girls and Boys (my body) have been created by God to be similar and different Clean and Healthy Healthy Lifestyle Sleep, rest, recreation Personal Hygiene</p>	<p>We have likes and dislikes. A language to describe feelings Feelings and actions are different Feelings inside out Children will: Gain a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character Super Susie Gets Angry Managing feelings and good behaviour Choices have consequences Jesus dies so that we could be forgiven The Cycle of Life Natural life stages from birth to death Beginnings and Endings Pupils will learn: What 'death' means About some feelings often connected with grief What the Christian faith says about death and eternal life Some ways to support themselves and others when they are grieving Change is all around and classroom shorts Children will learn: Change is a part of life. Managing our feelings about change helps to prepare us for future changes. God is with us as we change and grow.</p>	<p>Jesus cared for others- how we should act Loving others as God loves us Special People parents/carers Nuclear/wider family Telling trusted people about worries Treat Others Well Behaviour affects others Positive and negative relationships Bullying And Say Sorry Recognise when someone has been unkind and how to respond. Recognise when we've been unkind Real life online Children will learn: That the internet connects us to others and helps us in lots of ways. Our feelings matter – both online and offline. That Jesus cares about our feelings and gives us peace. Rules to help us Children will learn to: Understand safe and unsafe situations, including online. Ask for adult help with anything that worries them or makes them feel unsafe</p>	<p>Body privacy People we can trust in the community, Harmful Substances Medicines are drugs Not all drugs are good Alcohol and tobacco Being healthy Can you Help Me? (part 1) 999 emergencies Medical help Basic First aid Can you help me ? (part 2) Pupils will learn: To call 999 in an emergency and ask for ambulance, police and/or fire brigade That if they require medical help but it is not an emergency, basic First Aid should be used instead of calling 999 Some basic principles of First Aid</p>	<p>Who is my neighbour? The Communities We Live In Living in community Scripture Focus on living in community Who will I be ? and classroom shorts Needs and wants and classroom shorts</p>
ICT	Rule Writers- E-safety Online Bullying		Safe Internet Searching	We are researchers- e-safety Game Raters		

Safeguarding Focus	Behaviour curriculum Trusted adults around school Who can I share my worries with?	Behaviour curriculum Anti-bullying Week	Behaviour curriculum Internet Safety Week	Behaviour curriculum	Behaviour curriculum	Behaviour curriculum
Texts	Dogger Colour Monster Little Croc's purse Daisy and the trouble with piggy banks It's a no money day	My hair The Proudest Blue Now wash your hands You and your body Lift the flap questions and answers about racism.	The Smartest Giant In Town I want my tooth Josie's lost tooth I know why I brush my teeth A shelter for sadness Ruby's Worry The problem with problems. Perfectly Norman Ravi's Roar We feel happy The Little Thing Calmness Kindness Doing your best	I am absolutely too small for school My hair The Proudest Blue The rainbow fish Elmer Mia and the Miffkins (friendships) Dave and the Tooth Fairy Meesha makes friends. I'm sticking with you	Nice or Nasty – Claire Lewlyn Oh the things you can do that are good for you- Tish Rabe Germs are not for sharing Dinosaurs Beware	You Can Swim, Jim Look after our planet Friends, Kathryn Cave The great big book of families This is our house, Michael Rosen My Big Fantastic Family Sunflower Sisters (two families unite) Looking after our planet
British values covered in the curriculum	Year 1 – Year 2- Mutual Respect and tolerance of other faiths and beliefs throughout our geography unit focusing on the UK. Democracy- voting for our end of the day story.	Year 1- Mutual respect- science. Year 2- Rule of Law through our history unit of the Romans in Britain. Individual liberty- STEM dressing up and study of a STEM person. Judaism- Tolerance of other faiths and beliefs.	Year 1- Mutual respect- swimming, when taking photos of other people and sharing them. Rule of Law- why should we have rules discussions. Year 2- Respect- forest school. Tolerance through our topic focusing on Australia and when learning about Frida Kahlo.	Year 1- Mutual respect- swimming Rule of Law, democracy, individual liberty, tolerance through the history unit of Kings, Queens and leaders. Year 2- Rule of law, individual liberty, tolerance, democracy and mutual respect in our Tudors history topic.	Year 1- Geography- rule of law when studying Oakham. Year 2- OAA- mutual respect	Year 1- Rule of Law, democracy, individual liberty, tolerance through the history unit of Kings, Queens and leaders. Year 2- Rule of law, individual liberty, tolerance, democracy and mutual respect in our Powerful Voices history topic. Mutual respect- forest school.
Protected characteristics taught through the curriculum	Year 1- families- marriage or civil partnership.	Year 2- Disability- Diabetes talk from a child in year 2. Year 2- sex- STEM	Year 2- disability- Sign language after interest from the children. Religion and belief- Frida Kahlo	Marriage or civil partnership, pregnancy and maternity, sex- Tudors (Henry VIII's wives)		Race, religions or belief and sex- History topic focusing on Powerful Voices.

			Year 1 & 2- Race, disability, religion, sex-Diversity liturgy and Visio Divina.			
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 RSE and PSHE and Safeguarding Curriculum 							
		Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
RE	People Called Gift			Community Giving and Receiving Self-discipline		New Life Building Bridges God's People	
	Judaism					Sikhism Year 3 – Gudwara as a place of worship and Sikh symbol “ Khanda “ – explain meaning of symbol and why it is important to Sikhs. Story of Guru Nanak Year 4 – The Sikh Holy Book, qualities of a Guru	
RSHE	Mission Statement School Rules Behaviour curriculum Get Up ! Story sessions Created by God The Sacraments Story sessions Baptism Reconciliation	Get up Created by God The Sacraments Baptism Reconciliation We don't have to be the same Respecting our Bodies Puberty (Y4) Changing Bodies (Y4) Boy/Girl discussion groups (Y4)	What am I Feeling? Self-care, managing emotions, support, mental ill health, isolation and loneliness. What am I Looking at? Media misrepresentation I am Thankful Wrong, unacceptable unhealthy and risky behaviours Life Cycles Humans act at three levels: physical,	Jesus is my friend: forgiveness and reconciliation Friends, family and others Relationships take time and effort to sustain. Ways to maintain positive relationships. When things feel bad. Developing a greater awareness of bullying. Harassment and exploitation Sharing Online reporting	Safe in my body acceptable physical contact People we can trust Drugs, alcohol and tobacco not all drugs are good; harmful substances First Aid Heroes keeping calm; quick reactions; first aid knowledge Rights and responsibilities and classroom shorts Pupils will learn:	A Community of Love Charity and generosity The Holy Trinity What is the Church? Church family Practical ways to love and care for others How do I Love Others? Children will learn: That God wants His Church to love and care for others. To devise practical ways of loving and caring for others. Working together and classroom shorts	

			<p>psychological and spiritual</p> <p>A time for everything</p> <p>Pupils will:</p> <p>Understand what 'death' means</p> <p>Learn about some feelings often connected with grief</p> <p>Know what the Christian faith says about death and eternal life</p> <p>Explore some ways to support themselves and others when they are grieving</p> <p>Big changes, little changes and classroom shorts.</p> <p>Children will:</p> <p>Understand that change is a part of life and that there are different kinds of change.</p> <p>Learn about some feelings often associated with change.</p> <p>Know that God is always with us as we change and grow.</p> <p>Learn coping strategies to support themselves and others.</p>	<p>Chatting Online</p> <p>appropriate language and behaviour</p>	<p>It is our responsibility to follow the rules at home, school and in our country.</p> <p>Some of our rules and laws are based on our rights.</p> <p>Rights protect us and ensure everyone is treated equally.</p> <p>Rules and rights are based on our values as a community.</p> <p>Our Christian/Gospel values promote the dignity and equality of all because we are all loved children of God.</p>	<p>Children will:</p> <p>Know that there are many different jobs and types of work.</p> <p>Understand some of the factors that influence people's choice of work.</p> <p>Explore their own interests, skills and gifts in relation to their job aspirations.</p> <p>Know that God calls us to work together to share His love and care for each other and the world.</p> <p>Money matters and classroom shorts</p>
ICT	Personal Information Copyright privacy		Online Risk Managers- e-safety		Online Content Issues Virtual Friends	
Safeguarding Focus	Swimming Lessons- Water and Poolside Safety Trusted adults around school Who can I share my worries with?	Anti-bullying Week				
Texts	What does it mean to be British?	Keeping Clean All Kinds of Bodies	Find your confidence Happy	Talk about bullying; a problem shared.		What does it mean to be British?

		Lift the flap questions and answers about racism. Horrid Henry's Nits - Scholastic Shop	The Barnabus Project The Huge Bag of Worries			Climate Action Climate Crisis for beginners Looking after our planet Journey
British values covered in the curriculum	Democracy, Liberty and Rule of Law through the topic of Ancient Greece Respect and Tolerance - Internet Safety Respect – Forest School	Tolerance and Respect – Topic of Europe Tolerance and Respect - Judaism in RE Rule of Law, Democracy and Respect – Topic of the UK.	Democracy, Liberty and Rule of Law through the topic of the Roman Empire Liberty – Podcasts in ICT Democracy – The Vikings Respect – OAA	Respect – Forest School	Democracy, Tolerance, Respect, Liberty and Rule of Law – The Tudors and War of the Roses.	Respect – OAA
Protected characteristics taught through the curriculum	Sex – Mary Anning the archaeologist in the Science Topic of Rocks. Sex - STEM Week – Female engineers and inventors.	Sexual Orientation – Musician of the Month Freddie Mercury	Race – Musician of the Month Nusrat Fateh Ali Khan Example of an Inspirational Young Leader – Marley Dias		Religion or Belief – Stewarts.	Religion or Belief – Visit to Sikh Gurdwara



**RSE and PSHE and Safeguarding Curriculum
Year 5/6**



	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
RE	Loving Vocation Expectations		Sources Unity Death and New Life		Witnesses Healing Common Good	
	Judaism				Islam Year 5 - Fasting during Ramadam and Eid / Pilgrimage Hajj Year 6 - The five pillars of Islam, Muslims and their care for creation.	
RSE	Mission Statement School rules Behaviour curriculum Calming the Storm - story sessions Created by God Adulthood Puberty	Gifts and Talents Celebrating difference in a community. Self-confidence Girls' Bodies/Boys' bodies Unique Respect Modesty and boundaries Spots and Sleep Healthy choices	Body Image Media vs reality Gratitude Peculiar Feelings Range of feelings Behaviours that are wrong, unacceptable, unhealthy or risky Emotional Changes Hormonal changes Emotional Wellbeing Seeing Stuff Online Harmless vs harmful content Impact on young minds Actions Making Babies (part 1) How a baby grows Making Babies (Part 2) Intercourse between man and woman (scientific) Physical, emotional and spiritual implications Menstruation Role in fertility Practical advice	Hope beyond death Coping with change and classroom shorts God is calling you Love others Living it out Under Pressure Types of pressure Strategies to resist Do You Want a Piece of Cake? Consent and Bodily Autonomy Scenarios when it's right to say no Self Talk Feelings impact actions Link to personal relationships Build others up and classroom shorts Children will learn: About prejudice, bullying and discrimination: what they mean and how to challenge them. About protected characteristics from the	Sharing Isn't Always Caring Increasing independence Safe use of tech Impact of what we watch/hear/say/do Reporting and getting help Cyberbullying and classroom shorts Examples Impact on victim Getting help Types of Abuse Acceptable and unacceptable physical contact People we can trust Impacted Lifestyles Effects of substances Good choices Made by God Making Good Choices Pressure links to drugs/alcohol and tobacco You can say no Giving Assistance Recovery position DR ABC	The Holy Trinity Church is the Body of Christ Catholic Social Teaching Justice Self-giving Stand up for your faith Reaching Out Impact of CST to current issues Spreading God's love The world of work Money and Me Pupils will learn: There are a wide variety of payment options. The importance of budgeting and tracking spending and saving. About the hierarchy of needs and other influences on spending choices. Some people have more money than others. God asks us to be good stewards of our money and resources.

				Equality Act 2010 such as race, age and disability. That everyone is made in the image of God, loved unconditionally by Him, has equal dignity and is deserving of equal respect.		
ICT	Safe Social Networking Copyright information		Reporting Issues Image Sharing		Image Sharing Responding to Online Risk	
Safeguarding Focus	Year 6 warning zone Year 6 Sarah Bennetts how to look after my mental health Trusted adults around school Who can I share my worries with?	Year 6 forest school Anti-bullying Week			Y6 E-safety survey- share outcomes with parents. Bikeability	Bikeability
Texts	What does it mean to be British?	Lift the flap questions and answers about racism. Aaron Slater, illustrator (dyslexia)	Brain Power How not to lose it	How to change the world Wonder A Problem Shared: Bullying - Scholastic Shop	Dot common sense Dr Christian's guide to growing up online Look both ways	What does it mean to be British? The arrival Climate Action How to change the world.
British Values taught through the curriculum	WW1 (Respect and Tolerance) taught through Remembrance. Warning Zone – respect for environment/area/others and self. Rule of Law. Baghdad 900AD- (History) understanding that History is not just from a western perspective. (Respect and Tolerance)	Individual Liberty – Taught as part of the History curriculum. Respect and tolerance taught as Multi Faith RE	Respect and Tolerance, Individual Liberty – Alan Turing History WW2	Types of Abuse (RHSE: respect and tolerance, individual liberty)	Freedom and Responsibility (RE: respect and tolerance, rule of the law) Respect and tolerance – Geography Islam- respect and tolerance	Briars residential – Respect and Tolerance, Individual Liberty
Protected characteristics taught through the curriculum	Race - unity of races taught through History. Age – Respect for those who have gone before.	Protected Characteristics (RHSE) Race – Martin Luther King/Rosa Parks studied in VIPERS reading.	Types of Abuse (RHSE- discrimination, race, religion, gender, sex) Race- The Early British Empire	Disability act of 2010 taught in RSHE	Marriage and Civil Partnership taught in RE Islam- Race, Religion or Belief	Pregnancy and maternity- Age- Life cycles of Humans (science)

	Pregnancy and Maternity – animals including humans.		Religion or belief – WW2 The Holocaust Gender – the role of women in the war. How attitudes were changed. Race – WW2 the role of people from throughout the Commonwealth in working for victory. Race – Berlin Olympics 1936 the treatment of Black athletes by Hitler and by their own leaders.			
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